



# Planting Times

Number 0008

February 8, 2010



## Starting Seeds Indoors

The following are approximate planting times for commonly grown vegetables. Last frost in Peterborough is usually around the end of May.

Weeks from Last Frost in Spring

Vegetable	Plant Seeds Indoors	Transplant in Garden	Harvest
broccoli	-12	-5	+4
cabbage	-12	-5	+4
parsley	-12	-5	+2
cauliflower	-10	-4	+4
onions	-10	-4	+10
eggplant	-7	+2	+12
peppers	-7	+2	+12
lettuce	-7	-4	0
Swiss chard	-7	-3	+1
tomatoes	-6	0	+11
Summer squash	-2	0	+6
cucumbers	-1	+1	+10

## Spring Planting Seeds Outdoors

Weeks from Last Frost in Spring

Vegetable	Plant Seeds	
	Outdoors	Harvest
peas	-5	+5
spinach	-5	+2
lettuce	-4	+3
beets	-3	+5
carrots	-3	+7
radishes	-3	+1
Swiss chard	-7	+2
corn	0	+9
summer squash	0	+8
winter squash	+2	+14
turnip	-2	+3
rutabaga	+2	+15
parsnip	-5	+14
celery	-2	+14

## Additional Plantings

It is possible to spread out your harvest by making additional plantings at intervals through the season. Although some vegetables like beets, peas and spinach do not tolerate the heat of mid season, many others can be planted continuously as long as there is time for them to mature before first frost in the fall.

## More Information

The above should be considered a rough guide which will vary with weather conditions and with the varieties chosen.

[These sheets](#) are worksheets to assist you in working out your own schedule.